



Gwen Secter
Creative Living Centre

at Syd Glow Place

Seven Oaks
& St. Paul



Seniors Resource

Fall Program Guide

October, November, December

2024



Winnipeg Regional
Health Authority
Caring for Health

Office régional de la
santé de Winnipeg
À l'écoute de notre santé

Beneficiary Agency of the
Jewish Federation
OF WINNIPEG





Gwen Secter
Creative Living Centre
at Syd Glow Place

KOSHER MEALS ON WHEELS

**SERVES SENIORS &
PEOPLE OF ALL AGES
DELIVERIES TUESDAY-FRIDAY**

Applications available
www.gwensecter.com
(204) 339-1701
info@gwensecter.com

Beneficiary Agency of the
Jewish Federation
OF WINNIPEG



Winnipeg Regional
Health Authority Office régional de la
santé de Winnipeg



Gwen Secter
Creative Living Centre
at Syd Glow Place

WEDNESDAY PROGRAM

CHOOSE YOUR OPTION:

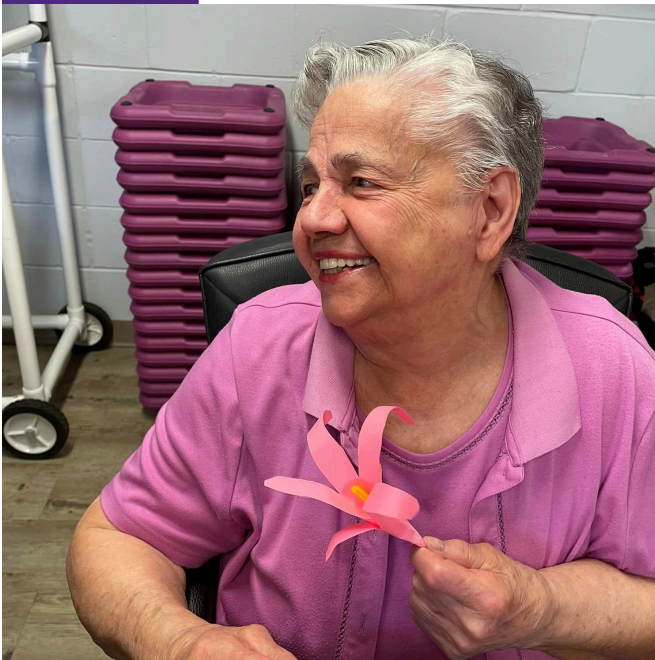
**■ FULL DAY 9:30-2:30
(TRANSPORTATION IS INCLUDED)**

\$35 FOR MEMBERS
\$42 FOR NON-MEMBERS

■ LUNCHEON CLUB 11:30-2:30

\$15 FOR MEMBERS
\$20 FOR NON-MEMBERS

Come enjoy Bingo, entertainment & wellness speakers. Experience friends & fellowship with activities such as: Rehabilitation Fitness Class and Art Groups led by experts.



Beneficiary Agency of the
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Winnipeg Regional
Health Authority Office régional de la
santé de Winnipeg
Caring for Health À l'écoute de notre santé

CALL OR VISIT: GWEN SECTER CREATIVE LIVING CENTRE
1588 MAIN STREET | 204-339-1701

TABLE OF CONTENTS:

Greetings from The Executive Director	5	Kosher Catering Menu	16-17
Summer Concerts	7-8	A Month at a Glance	18-23
Summer Fitness Programs	8-9	Seven Oaks & St. Paul Seniors Resource Finder.....	24-28
Wednesday Entertainers	10-11	Community Directory.....	30
Member Spotlight	12	Outings	31
Seniors Concierge	14-15		

STAFF DIRECTORY:

Becky Chisick
Executive Director

Dan Saidman
Program & Volunteer Coordinator
Seven Oaks/St. Paul Seniors Resource
Coordinator

Pam Reiss
Food Services Manager

Cathy Koltowski
Head Chef & Kitchen Manager

Orna Stoller
Mashgicha

Vanessa Ordiz
Executive Assistant
Meal Program Coordinator

Maxa Saywer
Seniors Concierge

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204.339.1701
info@gwensecter.com

gwensecter.com
1588 Main Street

Find us on 

FOLLOW US ON
Instagram 

Gwen Sector Creative Living Centre gratefully acknowledges
the many years of continued funding and support from the following Sponsors:

Beneficiary Agency of the
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OF WINNIPEG



JEWISH FOUNDATION
— OF MANITOBA —



Winnipeg Regional
Health Authority
Caring for Health

Office régional de la
santé de Winnipeg
À l'écoute de notre santé



**THE
WINNIPEG
FOUNDATION** 
For Good. Forever.

OCTOBER IS MEMBERSHIP DISCOUNT MONTH!



Membership will grant you access to all programs at Gwen Secter Creative Living Centre and Seven Oaks Seniors.



- Access to all FREE programs
- Preferred member pricing on all in-house programs
- Exclusive rates for outings and special events
- Discounts for select community organizations
- Access to subsidized transportation programs (based on availability)

Single \$40 | Couple \$70



FIRST AID TRAINING COURSE

Thursdays Nov 14, 21 & 28
1:00-3:00pm

Cost \$35 Members
\$45 Non-Members

Register today: Space is limited

📞 204-339-1701

📍 1588 MAIN STREET

🌐 INFO@GWENSECTER.COM



Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg

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Jewish Federation of WINNIPEG



BRING A FRIEND



Gwen Sector
Creative Living Centre
at Syd Glow Place

WEDNESDAY OCTOBER 23RD
PEA SOUP, BLINTZES AND
MUSIC FROM
WANDERING WAYNE

Get a 2 for 1 special
on the Wednesday program
when you bring a
new face to Gwen Sector.



Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg

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OF WINNIPEG



PORTSMOUTH RETIREMENT RESIDENCE

VENVY
— PORTSMOUTH —
— Retirement Living —

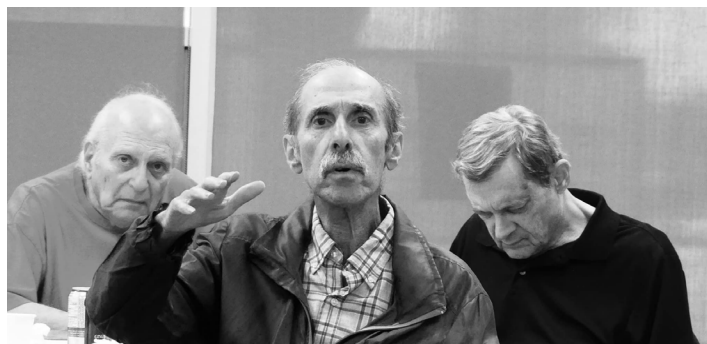
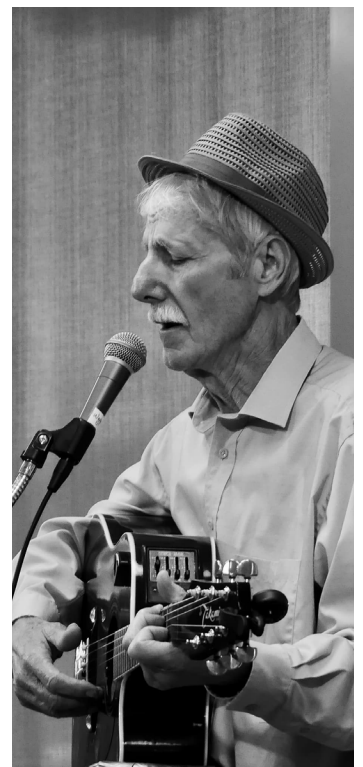
125 Portsmouth Blvd, Winnipeg
204-284-5432
venviliving.com

Flourish in a dynamic Venvi retirement home with abundant solo and group activities and endless opportunities for self-discovery. Every day, every choice, it's all up to you. At Venvi, life unfolds with a curated collection of exciting activities and experiences. You'll savour all the perks of retirement and preserve your independence. .

CALL 204.284.5432 TO BOOK A PERSONALIZED TOUR TODAY AND ASK ABOUT OUR EXCLUSIVE OFFERS. FURNISHED SUITES AVAILABLE!

2024 Summer

A special thank you to Earl Palansky for taking so many great photos!





FALL FITNESS

October - December

Sip and Move

Tuesday at 10:00 am

A seniors exercise program followed by a cup of coffee. The fitness class is designed to build your strength, balance and endurance through various exercises. This program can be adapted to different people's levels of ability.

*Restarts September 10th

Drums Alive

Tuesday at 4:00 pm

Exciting fitness experience with Brenda Moberg that incorporates the pulsating rhythm of drums with the dynamic movement of dance. It allows for expression and creativity, provides an impressive degree of fitness, and most importantly, it's fun!

*Restarts September 10th

Chair Exercise

Friday at 10:00 am

'Sit, Stretch and Fitness' is a seated fitness class where you have fun while exercising. The class includes light chats, fun games and will have you move all parts of your body. The program will stretch you from head to toe and leave you feeling loose and relaxed.

Floor Curling

Friday at 11:30 pm

Indoor floor curling is a safe way to keep curling without being on the ice or sweeping. This game helps you to stay active: increasing your flexibility, range of motion, and blood circulation. We will be playing upstairs in the fitness area. We encourage you to bring a friend!

*Restarts in November



DRUMS ALIVE!

THE PULSATING RHYTHM OF DRUMS & THE DYNAMIC MOVEMENT OF DANCE

TUESDAYS AT 4:00PM
SEPTEMBER 10- DECEMBER 17
15 CLASSES \$ 95 MEMBERS
\$110 NONMEMBERS

DROP-IN \$10 MEMBERS
\$15 NONMEMBERS

INSTRUCTOR BRENDA MOBERG



Seniors Movie Matinee

Once a month the Gwen Secter organizes a movie matinee outing (depending on interest) at Landmark Cinemas in the Grant Park Mall.

Movie, Date, & Time will change based upon what film we get tickets for.



Afternoon Card Games

FREE FOR MEMBERS

Bridge Cribbage

Tuesday at 12:30 PM

Bridge is a game that helps with concentration, problem solving, and develops team-work and communication skills. Most importantly, it's fun to get together and play. Come and join our bridge club.

Canasta

Tuesday at 1:00 PM

Created as a variation of 500 Rum, Canasta allows 4 to 6 players at a time. A world-wide classic card game that is engaging, fun, and great for socializing!



WEDNESDAY ENTERTAINERS

Thanksgiving Craf with Cogir Senoirs Living

October 9th

Sukkot with Dr. Rena Elbaze

October 16th

Bring a Friend Wandering Wayne

October 23rd

Music with Bob Fleury

October 30th

QDOCS and Royal Nursing Home

November 6th

Rememberance Day Guest Randi Gage

November 13th



Music with Tim Osmond

November 20th

Stradbroke Avenue Choir

November 27th

Winter Carnivals History Greg Agnew

December 4th

Music with Rabbi Leibl

December 11th

Hanukkah Party with Shayla Fink

December 18th





JEWISH CHILD AND FAMILY SERVICE
Strengthening Lives in Keeping with Jewish Values

Maxa's Seniors Concierge

(431) 877- 8541
maxa@gwensecter.com

SENIORS CONCIERGE IS A PARTNERSHIP BETWEEN GWEN SECTER CREATIVE LIVING CENTRE, JEWISH CHILD AND FAMILY SERVICES AND THE JEWISH FEDERATION OF WINNIPEG. THE GOAL IS TO CONNECT WITH JEWISH SENIORS AND HELP THEM RECONNECT WITH THEIR COMMUNITY. IF YOU ARE INTERESTED IN THESE PROGRAMS OR KNOW SOMEONE WHO WOULD BENEFIT FROM THEM PLEASE FEEL FREE TO CONTACT ME.

-Maxa



THE BOOK MOBILE LIBRARY

The Seniors Concierge is offering to drop books off at your door. With over 200 books in our library there is something to read for everyone.



REFER A FRIEND

And be entered into a Draw



Maxa's Seniors Concierge

(431) 877- 8541
maxa@gwensecter.com



Coffee &
Conversation

EVERY FRIDAY AT 11:00 AM

JOIN THE CONVERSATION ON FRIDAYS AS WE GET TOGETHER OVER THE PHONE AND DISCUSS CURRENT EVENTS.



IPAD PROGRAM

This program is to help seniors connect with technology. We have IPADs available and can set up appointments for one on one technical support.

Essential Knowledge Technical Support Personal Training

Gwen Secter
Creative Living Centre
at Syd Glow Place

Beneficiary Agency of the
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OF WINNIPEG

KOSHER CATERING MENU

Serving Parties, Meals of Condolence, and more!

SOUPS

\$4.00/Individual or \$13/Litre

- Bean & Barley
- Beet borscht
- Clear Chicken Soup
- Dill Carrot
- Lentil Pea
- Vegetable Soup
- Minestrone
- Onion
- Cream of Cauliflower
- Cream of Broccoli
- Cream of Vegetable
- Cream of Mushroom
- Pea Mushroom
- Potato Leek

Individual only:

- Chicken Noodle
- Chicken with Matzo Balls
- Chicken with Rice

ENTREES

Roasted Chicken
Accompanied with potato or rice,
and seasonal vegetables \$20

Roast Beef
Slow roasted beef brisket with
homemade gravy, potato or rice,
and seasonal vegetables \$20

Sweet and Sour Meatballs
Accompanied with potato or rice,
and seasonal vegetables \$20

PASTAS

Vegetable Lasagna

Medium \$25
Large \$60

Kugels (Cheese, Vegetable, Sweet)

Medium \$15
Large \$30



 **Gwen Secter**
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at Syd Glow Place

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OF WINNIPEG



A LA CARTE

Potato Knishes	\$22/Dozen
Cheese or Kasha Knishes	\$24/Dozen
Gefilte Fish (min. 10 pieces)	\$5.50/Piece
Carrot Tzimmes	\$16/Liter
Matzo Balls	\$11 / Dozen
Kasha & Shells (min order for 5)	\$5.50/Person
Latkes (Potato, Zucchini)	\$17/Dozen
Salad (Garden, Orange Almond)	\$5.50/Person
Caesar Salad	\$6.50/Person
Coleslaw	\$11/Liter
Party Sandwiches (min 10 dozen)	\$20/Dozen

DESSERTS

Bundt Cake (12 in)	\$35
Komish (1 Dozen)	\$11
Brownies (9x13)	\$22
Apple Cake (9x13)	\$23
Carrot Cake (9x13)	\$23

PROTEINS

Sweet & Sour Meatballs	\$20/Dozen
Roast Beef (Sliced 5lbs)	\$180
Cooked Brisket & Gravy (Sliced 5lbs)	\$200
Roasted Chicken White Meat	\$9/Piece
Dark Meat	
Whole Turkey(13-14lbs) Cooked	\$150
Cooked & Carved	\$170
Poached Salmon (Min. Order for 5)	\$18/Person
Chopped Liver (1/2 Pound)	\$10

Rosh Hashanah Catering
DEADLINE: September 18th
PICK-UP: October 1st



To Order, visit our website: www.gwensecter.com or call Galina (204) 339-1701



A MONTH AT A GLANCE:

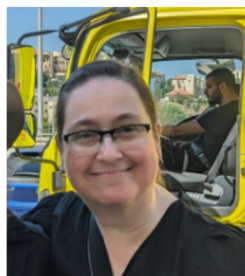
Oct. 2024

Please register for the Wednesday Luncheon Programs!
Menu and entertainment subject to change.
Any requests for menu changes must be done 24 hours in advance to allow the kitchen staff enough time to prepare.

Date	Programs	Time	Menu
Tuesday, October 1	Bridge Canasta	11:00 am 12:30 pm 1:00 pm	Soup and sandwich
Wednesday, October 2	Adult Day Club Luncheon	9:30 am 11:30 am	Bean and Barley Soup Pizza Tossed Salad
Thursday, October 3	Remis Luncheon JCFS Survivors	11:45 am 11:45 am	Soup and sandwich
Friday, October 4	Coffee & Conversation	11:00 am	Chicken Soup with Matzo ball Roasted Chicken Kugel & Broccoli Chocolate Cake Challah Bun
Tuesday, October 8	Bridge Canasta	10:00 am 11:00 am 12:30 pm 1:00 pm	Soup and sandwich
Wednesday, October 9	Adult Day Club Luncheon	9:30 am 11:30 am	Minestrone Soup Pizza Salad
Thursday, October 10	Remis Luncheon	11:45 am TBA	Soup and sandwich
Friday, October 11	Coffee & Conversation	11:00 am 11:30 am	Chicken Noodle Soup Breaded Chicken Rice Casserole Stir Fried Vegetables Lemon Cake Challah Bun
Tuesday, October 15	Bridge Canasta	12:30 pm 1:00 pm	Soup and sandwich

Soups and Sandwiches are available everyday of the week!

Date	Programs	Time	Menu
Wednesday, October 16	Adult Day Club Luncheon	9:30 am 11:30 am	Pea Soup Roast Beef Mashed Potatos Veggies
Thursday, October 17	*Closed		
Friday, October 18	*Closed		
Tuesday, October 22	Bridge Canasta Art Workshop	12:30 pm 1:00 pm 1:00 pm	Soup and sandwich
Wednesday, October 23	Adult Day Club Luncheon	9:30 am 11:30 am	Bean & Barley Soup Cheese Blintzes with Strawberries
Thursday, October 24	*Closed		
Friday, October 25	*closed		
Tuesday, October 29	Bridge Canasta	12:30 pm 1:00 pm	Soup and sandwich
Wednesday, October 30	Adult Day Club Luncheon	9:30 am 11:30 am	Pea Soup Hotdog French Fries Coleslaw
Thursday, October 31	Remis Luncheon	11:45 am	Soup and Sandwich



PAM REISS



Gwen Secter Creative Living Centre is excited to welcome Pam to the team! Pam is a bestselling cookbook author and kosher catering master.

www.gwensecter.com/catering




Nov. 2024

Date	Programs	Time	Menu
Friday, November 1	Floor Curling	11:30 pm	Chicken Soup with Matzo ball Roasted Chicken Kugel Broccoli Chocolate Cake Challah Bun
Tuesday, November 5	Bridge Canasta	12:30 pm 1:00 pm	Soup and sandwich
Wednesday, November 6	Adult Day Club Luncheon	9:30 am 11:30 am	Minestrone Soup Gefilte Fish Kasha Knish Fresh Veggies
Thursday, November 7		10:00 am	Soup and Sandwich
Friday, November 8	Floor Curling	11:30 pm	Chicken Noodle Soup Breaded Chicken Rice Casserole Stir Fried Vegetables Lemon Cake Challah Bun
Tuesday, November 12	Bridge Canasta	12:30 pm 1:00 pm	Soup and sandwich
Wednesday, November 13	Adult Day Club Luncheon	9:30 am 11:30 am	Pea Soup Meatloaf Mashed Potatos
Thursday, November 14	JCFS Survivors Outing to WSO	11:45 am 12:00 am	Soup and Sandwich
Friday, November 15	Floor Curling	11:30 pm	Chicken Soup Chicken with Orange sauce Kasha and Shells Peas Apple Cake Challah Bun

Please register for the Wednesday Luncheon Programs
Menu and entertainment subject to change.

Any requests for menu changes must be done 24 hours in advance to allow the kitchen staff enough time to prepare.

Date	Programs	Time	Menu
Wednesday, November 20	Adult Day Club Luncheon	9:30 am 11:30 am	Bean & Barley Soup Potato Barakas Fresh Veggies
Thursday, November 21	Senior's First Aid Course	1:00 pm	Soup and Sandwich
Friday, November 22	Floor Curling	11:30 pm	Chicken Soup Honey BBQ Chicken Roasted Potatoes Cauliflower Carrot Cake Challah Bun
Tuesday, November 26	Bridge Canasta	12:30 pm 1:00 pm	Soup and sandwich
Wednesday, November 27	Adult Day Club Luncheon	9:30 am 11:30 am	Pea Soup Roasted Turkey Mashed Potatos Veggies
Thursday, November 28	JCFS Survivors Senior's First Aid Course	11:45 am 1:00 pm	Soup and Sandwich
Friday, November 29	Floor Curling	11:30 pm	Chicken soup with Matzo ball Roasted Chicken Kugel Broccoli Chocolate Cake Challah Bun



**WISHING
YOU A HAPPY
AND HEALTHY
HOLIDAY
SEASON**

Raquel Dancho, MP
Kildonan-St. Paul
204-984-6322
raquel.dancho@parl.gc.ca

Dec. 2024

Please register for the Wednesday Luncheon Programs

Menu and entertainment subject to change.

Any requests for menu changes must be done 24 hours in advance to allow the kitchen staff enough time to prepare.

Date	Programs	Time	Menu
Tuesday, December 3	Bridge Canasta	12:30 pm 1:00 pm	
Wednesday, December 4	Adult Day Club Luncheon	9:30 am 11:30 am	Minestrone Soup Bagel with Lox, Coleslaw
Thursday, December 5	Senior's First Aid Course	1:00 pm	Soup and Sandwich
Friday, December 6	Chair Exercise	10:00 am	Chicken Soup Breaded Chicken Rice Casserole Stir Fried Vegetables Lemon Cake Challah Bun
Tuesday, December 10	Sip and Move Bridge Canasta Drums Alive!	10:00 am 12:30 pm 1:00 pm 4:00 pm	
Wednesday, December 11	Adult Day Club Luncheon	9:30 am 11:30 am	Chicken Soup Roasted Chicken Latkes Veggies
Thursday, December 12	Remis Luncheon JCFS Survivors	11:45 am 11:45 am	Soup and Sandwich
Friday, December 13	Chair Exercise	10:00 am	Chicken Soup Chicken with Orange sauce Kasha and Shells Peas Apple Cake Challah Bun

Soups and Sandwiches are available everyday of the Week!

Date	Programs	Time	Menu
Tuesday, December 17	Sip and Move Bridge Canasta	10:00 am 12:30 pm 1:00 pm	
Wednesday, December 18	Adult Day Club Luncheon	9:30 am 11:30 am	Bean & Barley Soup Latkes and a Scoop of Egg or Tuna Salad.
Thursday, December 19	Remis Luncheon	11:45 am	Soup and Sandwich
Friday, December 20	Chair Exercise	10:00 am	Chicken Rice Soup Honey BBQ Chicken Roasted Potatoes Cauliflower Carrot Cake Challah Bun
Tuesday, December 24	Sip and Move Bridge Canasta	10:00 am 12:30 pm 1:00 pm	
Wednesday, December 25	*Closed		
Thursday, December 26	*Closed		
Friday, December 27	*Closed		

THE JEWISH POST

WPG EST. 1925

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Winnipeg, MB
R2V 1Y3

Fax:

204.334.3779

Phone Number:

(204) 898-5189

Email:

contact@thejewishpost.ca

Canada Post Publication Agreement
No. 44086082

SEVEN OAKS & ST. PAUL SENIORS RESOURCE FINDER



Senior Resource Finder can link and refer older adults and seniors to community supports, programs and services.



Contact Seven Oaks Seniors for information on housing, health services, ERIK Kits and more

Dan Saidman | 204 339 1701
sevenoaksseniors@gwensector.com

\$10

Better Access To Groceries

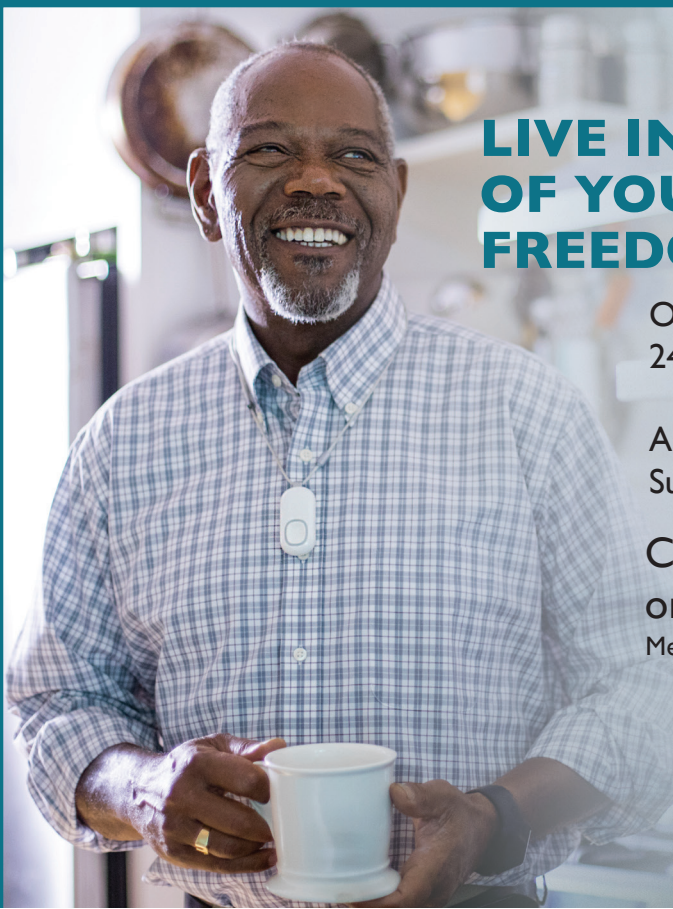
Contact (204) 960-3035
SEVENOAKSBAG@GMAIL.COM

PICK UP DATES

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September 15**

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BEFORE PICKUP DAY**

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Gwen Secter
Creative Living Centre
at Syd Glow Place

Larry Remis
Speakers Forum

LUNCH
AND LISTEN

THURSDAYS AT 11:45

\$20 PER PERSON



CONTACT SANDRA TO REGISTER
(204) 888-8209
CAPLANSB1@GMAIL.COM

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RESPONSE
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MEDICATIONS, ALLERGIES AND
EMERGENCY CONTACTS

IT IS A FREE LIFE SAVING TOOL



Seven Oaks & St. Paul
Seniors Resource

AVAILABLE AT
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(204) 339-1701

sevenoaksseniors@gwensecter.com

SEVEN OAKS / ST PAUL SENIORS

Brunch
Club

OCT 7 WITH PRIME HOME HEALTH
NOV 4 MANITOBA PUBLIC INSURANCE
DEC 2 CANADA DENTAL PLAN

9:30AM CANAD INN 2100 MCPHILLIPS



Born and raised in Winnipeg, John Dick started his career in landscaping and property care in 1985.

In 1997 he started his own firm, initially serving residential customers. He soon expanded to include commercial clientele, many who are still with John today.

Hiring a contractor?

John Dick, a local landscaper, offers these simple tips when hiring a contractor to work at your home or business:

- ✓ Do a background check on the contractor
- ✓ Check history and performance through the BBB or the local association of the trades person
- ✓ Look for lawsuits pending against the contractor
- ✓ Ask for references and double-check them
- ✓ Verify the contractor has liability insurance
- ✓ Verify the contractor has valid WCB coverage
- ✓ Verify if the trade is a part-time activity for the contractor

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- Commercial Snow Clearing
- Loading & Hauling of Snow
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- Grading
- Levelling
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Veterans*

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- INSURED •
- REFERENCES •
- UNIFORMED EMPLOYEES •

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www.johndickenterprises.com

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PACKING - MOVING - UNPACKING
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longer needed. All with one phone call.



204-330-6629

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and have a *carefree transition* to your new home!



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- Shopping
- Weddings
- Graduations
- Anniversaries
- Sporting Events
- Concerts
- Nightclubs
- Medical appointments
- Funerals



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specifically Gary Jakeman
and his limousine
service. He is extremely
professional, kind,
considerate, and really
keeps his vehicle looking
immaculate at all times.
This is such a well needed
transportation service
in Winnipeg for anyone
who is in a wheelchair
and wants to be driven in
style and grace."*

204-667-5332
info@sunshinetransit.ca

www.sunshinetransit.ca

COMMUNITY DIRECTORY:

A&O: Support for Older Adults

Provides specialized services for older Manitobans across the province.
200 - 280 Smith St. | (204) 956-6440

Chesed Shel Emes

Prepares members of the Jewish community for burial according to Orthodox tradition.
1023 Main St. | (204) 582-5088
chesedwinnipeg@gmail.com

Carefree Concierge

Assist with sorting, organizing, packing, moving + free consultations.
info@carefreeconcierge.ca | (204) 330-6629
<https://carefreeconcierge.ca/>

Transit Plus Winnipeg

They provide transportation for people who don't use the city's system due to mobile impairments.
Unit B - 414 Osborne St. | (204) 986-5722

Seniors Concierge

Programs offered to seniors to help stay connected to their community.
Maxa Saywer (431) 877-8541
maxa@gwensecter.com

Kosher Meals on Wheels

Nutritious meals delivered in the Winnipeg area.
1588 Main st. | (204) 339-170

Jewish Foundation of Manitoba

A public philanthropic foundation strengthening the Jewish community of Manitoba.
400 - 123 Doncaster St. | (204) 477-7520

Jewish Child and Family Service

Older Adult Services to support you.
Suite C200 - 123 Doncaster St. | (204) 477-7430

Home Maintenance Program

hmprogram@gnalc.ca | (204) 806-1303

Jewish Federation of Winnipeg

Helping represent the Winnipeg Jewish Community.
300 - 123 Doncaster St. | (204) 477-7400

Rady Jewish Community Centre

Offers culture, fitness, and wellness programs.
123 Doncaster St. | (204) 477-7510
Programming for individuals 55 years and older.
200 - 123 Doncaster St. | (204) 477-7545

Seven Oaks/ St. Paul Seniors Links

Connects seniors to community programs and services.
1588 Main St. | (204) 339-1701
sevenoaksseniors@gwensecter.com

Sunshine Transit Service

Wheelchair accessible limo and transit service.
Info@sunshinetransit.ca | (204) 667-5332
<https://www.sunshinetransit.ca/>

Transportation Option Network for Seniors

Volunteer transport service.
<https://tonsmb.org/> | (204) 797-1788

WRHA Home Care Intake

Winnipeg Regional Health Authority provides information, and medical appointment booking services.
4th Floor, 650 Main Street | (204) 788-8330
<https://wrha.mb.ca/>

Creative Retirement MB inc.

Creative Retirement is a non-profit centre with a mission to provide education to older adults.
<https://www.crcentre.ca/> | (204) 481-5030

Community Bed Bug Program

Phone: (204) 945-5566 in Winnipeg
Toll free: +1 (866) 689-5566
Email: pestcontrolgrant@gov.mb.ca

Please Note Gwen Sector Will Be **CLOSED** on these Dates:

Oct. 3-4, 14, 17-18, 24-25, Nov. 11, Dec. 25-26

Caring for those who cared for us!



**JEWISH
FOUNDATION**
— OF MANITOBA —

The Gwen Secter Creative Living Centre organizational endowment fund is an essential cornerstone of life enrichment and care for our seniors. By helping grow the Centre's endowment fund, we ensure an annual flow of income that directly helps us offer and expand our essential programs - in perpetuity.



Gwen Secter
Creative Living Centre
at Syd Glow Place

The Gwen Secter Creative Living Centre is also proud to be a part of **FundMatch**.

FundMatch is an initiative designed to entice organizations to grow their endowment funds. When specific benchmarks are reached, the **FundMatch** initiative provides an additional contribution to the organizational endowment fund, which generates even more income for the Gwen Secter Creative Living Centre.

Help us grow our fund!

Contact the

**Jewish Foundation
of Manitoba**

204.477.7520

US/Canada Toll-Free: 1.855.284.1918

WWW.JEWISHFOUNDATION.ORG



Gwen Sectar Creative Living Centre's



Annual Fundraising Tea
In Person AND Delivery

Sunday, November 17th, 2024

Join us in person from 1:00pm-3:00pm

1588 Main Street

OR have your tea-at-home delivered to your doorstep



RSVP or Place Your Order
by November 8th

info@gwensecter.com

204-339-1701

\$36 suggested
minimum donation
per person in attendance

Beneficiary Agency of the
Jewish Federation
OF WINNIPEG

